Fingerloop Braiding just 3 Loops*-C.2004/Rhiannon

*Based on a braided object fournd in Europe worked with several 3 loop braids. 3 loop braid instructions are not found in any of the manuals so far as Rhiannon knows.)

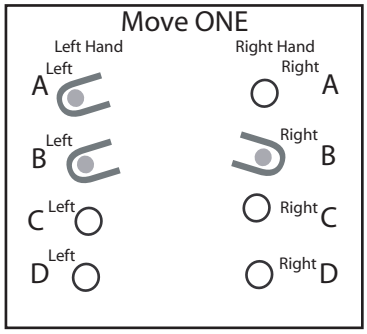
An Explanation of the schematics to show the loop moves:

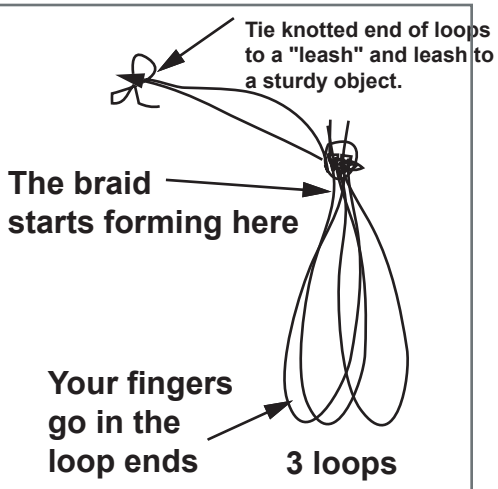
A = your index finger
B = your middle finger
C = your ring finger
D = your little finger

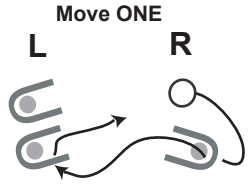
Thumb is used as a "helper" with your index finger, but doesn't have a loop on it.

= loop on your finger

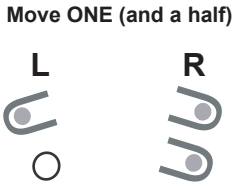
= NO loop on your finger

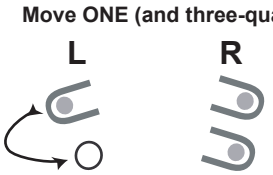






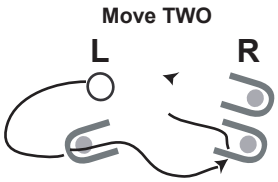
Take your index finger thru the middle of the loop on your right hand and "hook" the bottom of the bottom loop on your left hand (Left hand bottom loop is on your left middle finger). Keep all your fingers "curved" as you carry that loop back to your right index finger.





Move the left index finger loop down to your left middle finger.

Next do a mirror image of what you just did.



Take your L index finger thru middle of the loop on your left hand and "hook" the bottom of the bottom loop on your right hand (right hand bottom loop is on your right middle finger). Keep all your fingers "curved" as you carry that loop back to your right index finger.

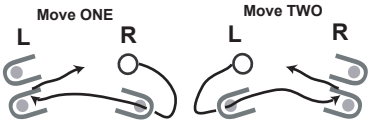
REMEMBER: spread your arms out widely after you make each move to tighten your braid structure.

REPEAT move ONE and move TWO until you come to the end of having room for your fingers in the loops.

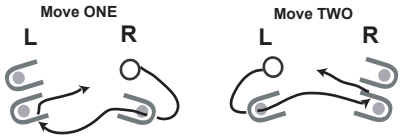
To finish: Grab one loop and take your fingers out of all the rest of the loops. Take the remaining loop off your finger, and put it around the rest of the loops so you can pull the tail of that one loop thru itself.

MOVE variations:

Try going thru the top loop on both moves:

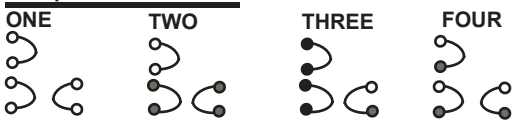


Try going thru the bottom loop on move ONE and the top loop on move TWO:



COLOR varations: A single bow can be just one color or it can be one color on top and one color on the bottom. (a knot at both ends:

3 loop color variations:



Copyright 2004: Lois Swales email: las52@cornell.edu